## FREE EAP WEBINAR



## **AVOIDING JOB BURNOUT**

Unfortunately many employees experience the adverse effects of burnout. Whether working in a corporate or community setting, it is crucial to address "burnout out" employees and provide support. This workshop focuses on identifying burnout in yourself and others. It also presents intervention ideas for prevention of future burnout. Available to SoNM employees at no cost.

## **Webinar Information:**

Live Date/Time: March 24, 2016, 9:00 - 10:00

**Availability: Instructor-led or On demand** 

(webinars will be available on demand from website after live taping)

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